

Psychiatry Previous Year Questions with Solutions

TUTORIALS



Psychiatry

Question 1

A 35-year-old man was arrested for attacking a coworker. During interrogation, he appears dishevelled and expresses paranoid delusions, stating he was not in the right state of mind. Which of the following is the most appropriate next step?

Options:

- A) Release him as he was not in the right state
- B) Arrange a psychiatric consultation to assess fitness for trial
- C) Proceed to trial
- D) Convict him

Correct answer: B) Psychiatric consultation to assess fitness for trial

Question 2

Clinical question

A 68-year-old woman with metastatic breast cancer presents with severe dyspnea. The oncology team determines that chemotherapy and radiotherapy would provide no benefit. However, the patient's daughter insists on "doing everything," including ICU admission and ventilator support. Which of the following is the most appropriate next step?

Options:

- A) Admit to the ICU and proceed with aggressive management
- B) Discharge her as there is no further care that can be provided, and admit her to hospice
- C) Start placebo treatment to relieve anxiety
- D) Gather a family meeting to assess expectations and patient preferences

Correct answer: D) Gather a family meeting to assess expectations and patient preferences

Question 3

Clinical question

A schizophrenia patient on haloperidol who was responding well for the last 2 years now presents with orofacial dyskinesia, choreiform, tic-like movements, and possible dystonia. What is the most probable diagnosis and appropriate treatment?



Options:

- A) Tardive dyskinesia Valbenazine
- B) Akathisia Propranolol
- C) Perioral tremor Amantadine
- D) Acute dystonia Ropinirole

Correct answer: A) Tardive dyskinesia - Valbenazine

Question 4

Clinical question

A 34-year-old man is brought to the casualty and appears confused. After extensive efforts by a social worker, it was discovered that he is from a nearby village and ended up in the current location after a massive earthquake at his place. He has no recollection of his identity or how he ended up in the current location. Which of the following is the most likely diagnosis?

Options:

- A) Dissociative amnesia
- B) Dissociative personality disorder
- C) Dissociative fugue
- D) Transient global amnesia

Correct answer: C) Dissociative fugue

Question 5

Clinical question

A 20-year-old girl underwent a traumatic experience two weeks ago after witnessing a road traffic accident and the death of her father. She now experiences flashbacks of the event. Which of the following is the most likely diagnosis?

Options:

- A) Post-traumatic stress disorder
- B) Dissociative disorder
- C) Acute stress disorder
- D) Major depressive disorder

Correct answer: C) Acute stress disorder



Question 6

Clinical question

An individual comes to the OPD to talk about his friend Mr. K. Mr. K is extremely perfectionistic and often misses deadlines because of this. He has been described as "rigid" since adolescence and is unable to discard items even without sentimental value. Mr. K denies having any problems. Which of the following best describes his personality?

Options:

- A) Paranoid personality disorder
- B) Narcissistic personality disorder
- C) Dependent personality disorder
- D) Obsessive-compulsive personality disorder

Correct answer: D) Obsessive-compulsive personality disorder

Question 7

Clinical question

A patient sitting outside his home believes that whenever a bird is chirping, he has to follow the bird. He believes that he is getting these instructions from God and that he will be harmed if he does not comply. What is the most likely diagnosis?

Options:

- A) Sudden delusional idea
- B) Delusional perception
- C) Delusional reference
- D) Visual hallucination

Correct answer: B) Delusional perception

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